



24 Hour Fitness Reopens Eastvale and Ontario Clubs With Expanded Recovery and Redesigned Training Spaces

Upgrades strengthen fitness access and support for active individuals and families across the Inland Empire

Inland Empire, CA (November 22, 2025) – [24 Hour Fitness](#) is celebrating the refreshed Eastvale and Ontario clubs with modernized layouts, upgraded equipment and the addition of Recovery24, giving members more ways to train, recover and stay consistent. These revitalized spaces underscore the company's continued investment in improving the member experience across the Inland Empire, where demand for accessible and well-equipped fitness spaces continues to grow. Both clubs are now open, with a community celebration planned for Saturday, November 22 from 9am to 1pm.

Located at 12354 Limonite Avenue in Eastvale and 2580 S. Archibald Avenue in Ontario, both clubs now feature redesigned floorplans that create more room to move, improved training flow and updated strength and cardio zones. Select new equipment throughout each club brings members more options for their routines, whether they are building strength, improving endurance or getting back into a fitness rhythm.

The introduction of Recovery24 adds a significant new dimension to both clubs. Recovery24 is a dedicated space within the gym that helps members prepare, perform and recharge with a suite of tools designed to support mobility, muscle relief and overall recovery. By making recovery more accessible and integrated into the workout experience, these clubs help members train more consistently, reduce soreness and feel better after every session. Recovery24 has become one of the most-requested amenities across the brand, and its expansion into Eastvale and Ontario reflects how essential recovery has become for people balancing busy schedules with their fitness goals.

These grand reopenings strengthen the broader Inland Empire fitness community by offering upgraded environments that meet the needs of new exercisers and long-time members alike. With refreshed spaces, expanded capabilities and Recovery24 now available in both clubs, 24 Hour Fitness is providing a more complete fitness and

wellness experience to an area that continues to grow and attract active individuals and families.

For more information, visit www.24hourfitness.com.

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About 24 Hour Fitness

For more than 40 years, 24 Hour Fitness has been dedicated to creating a healthier, happier world through fitness. 24 Hour Fitness offers welcoming and inclusive environments with thousands of square feet of premium strength and cardio equipment, turf zones, free weights, functional training areas, and more. Members can choose from a variety of options such as studio and cycle classes, personal training, and innovative digital and virtual offerings to help them keep their minds and bodies fit. For more information about 24 Hour Fitness and its programs, visit www.24hourfitness.com.

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