



24 Hour Fitness Reopens Downey Club with New Recovery24 Space and Expanded Strength Area

Upgraded layout, new equipment and refreshed amenities create a more functional and motivating environment for members

Downey, CA (November 15, 2025) – [24 Hour Fitness](#) is inviting the Downey community to celebrate the grand reopening of its refreshed club located at 8810 Apollo Way. The celebration will take place on Friday, November 15 from 9 a.m. to 1 p.m., featuring complimentary workouts, guided tours, special class experiences and exclusive membership offers.

The Downey club now features an updated layout, select new equipment, an expanded free weight area and a brand-new Recovery24 space offering tools and technology to help members recover faster and train smarter.

Recovery24 provides members with access to state-of-the-art recovery equipment including massage guns, compression boots and stretching tools in a calm, dedicated environment. The addition of Recovery24 continues 24 Hour Fitness's investment in helping members perform and feel their best before, during and after every workout.

“Our goal is to continue investing in spaces that make fitness accessible, motivating and complete,” said Vanessa Kela, District Manager at 24 Hour Fitness. “The Downey refresh adds the kind of modern recovery and strength amenities our members are asking for, helping them train at a higher level and recover more efficiently.”

Guests and members attending the grand reopening can enjoy complimentary classes led by expert coaches, giveaways and local partner activations celebrating 24 Hour Fitness's commitment to community wellness.

For more information, visit www.24hourfitness.com.

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About 24 Hour Fitness

For more than 40 years, 24 Hour Fitness has been dedicated to creating a healthier, happier world through fitness. 24 Hour Fitness offers welcoming and inclusive environments with thousands of square feet of premium strength and cardio equipment, turf zones, free weights, functional training areas, and more. Members can choose from a variety of options such as studio and cycle classes, personal training, and innovative digital and virtual offerings to help them keep their minds and bodies fit. For more information about 24 Hour Fitness and its programs, visit www.24hourfitness.com.

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